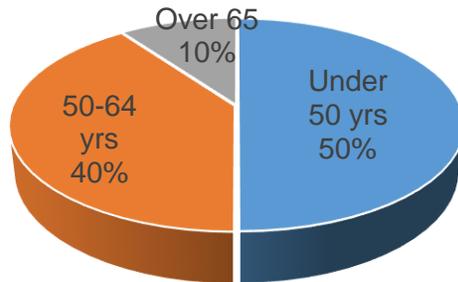


What We Do

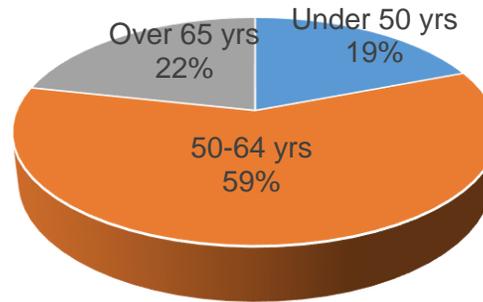
- **short-term lodging and evening meals** on a nightly basis
- **tailored advice and support** for job hunting and life goals
- **skills and tools** for maintaining a positive outlook in a group setting
- **bus transportation** to and from a central point to the rotating nightly shelter

Breakdown by Age

Men in 2019



Women in 2019



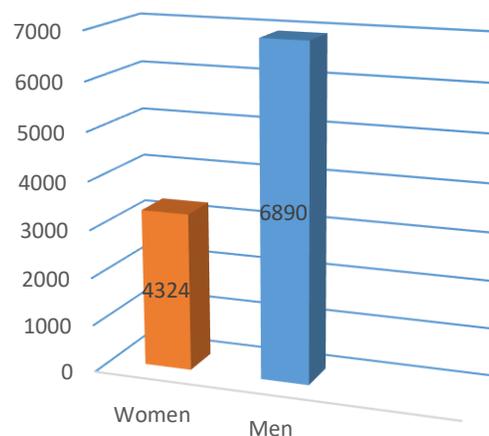
By the Numbers 2019

19 Men per night (Avg)

12 Women per night (Avg)

Nights with Shelter and a Meal 2019

11,214



I-HELP

Interfaith Homeless Emergency Lodging operated by Outreach Unlimited



P.O. Box 413
Monterey, CA 93942

ihelpmontereybay@gmail.com

831-251-8663 (General)

831-205-3496 Men's Program

831-393-5154 Women's Program

ihelpmontereybay.org

27 yrs serving homeless men;

4 yrs serving homeless women

by providing a mobile shelter, meals, and bus transportation to and from the shelter.

Who Are We?

We're the Interfaith Homeless Emergency Lodging Program—operated by Outreach Unlimited a nonprofit 501(c) (3).

I-HELP is run by a volunteer board of directors and a part-time staff, with the indispensable collaboration of over 60 Monterey-area congregations, faith communities, and service organizations that provide, on a rotating basis, overnight accommodation, warm meals, and person-to-person support.

We collaborate with other agencies such as Salvation Army, Gathering for Women, Veterans Transition Center and Vets Housing, Interim, Central Coast Center for Independent Living, and the One Starfish Program.

How We Do It

We accept applications from unhoused people. We expect the applicants to be sober, get along with others, and follow directions. There is a 2-3 day trial period where the coordinators and monitors evaluate the applicant.

Every effort is made to help each person be successful. We do this by helping each participant to set goals for health care, work or income/benefits and housing.

Our overnight monitors provide help in adjusting to group living. Our shelter coordinators provide management expertise to shelter operations as well as case management. Our bus drivers all hold class B licenses enabling them to operate our coaches donated by MST and maintained by us. Both drivers and monitors often have been in our program. All of the above staff are paid modest wages.

Success Stories

"I am eternally grateful to I-HELP for helping me as a resident for three years, and now as an employee. I have made so many friends at the congregations that serve I-HELP; I use my time off to visit them, helping them set up and serve the meals. I view this as "paying it forward" after all the blessings I have received.

Thank you, I-HELP!"

Reed Bennett

"I left an abusive relationship and moved out here thinking I had housing in Monterey, but it didn't work out. If it wasn't for I-Help, I wouldn't have survived the elements. This program has helped me become more independent. It taught me to rely on myself and stop depending on other people."

Shelia Traylor