What We Do

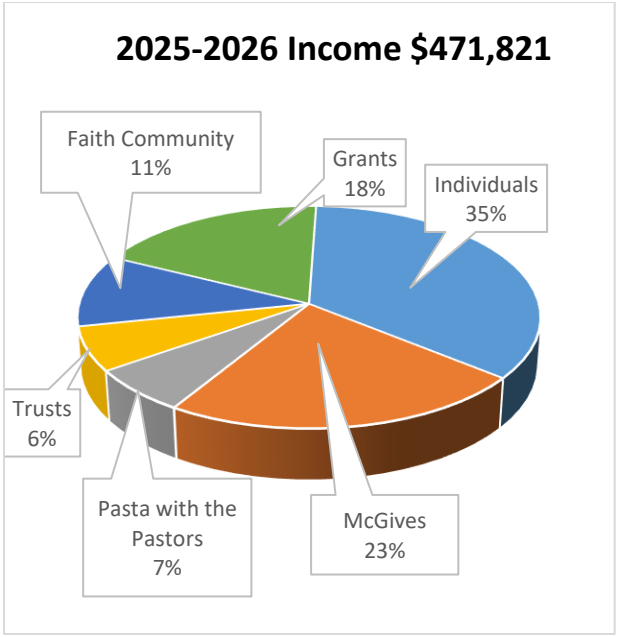
- **lodging and meals at local congregations** on a nightly basis
- **skills and tools** for maintaining a positive outlook and interaction in a group setting
- **referrals** to daytime agencies for case management, housing, and other needs
- **bus transportation** to and from a central point to the rotating nightly shelter

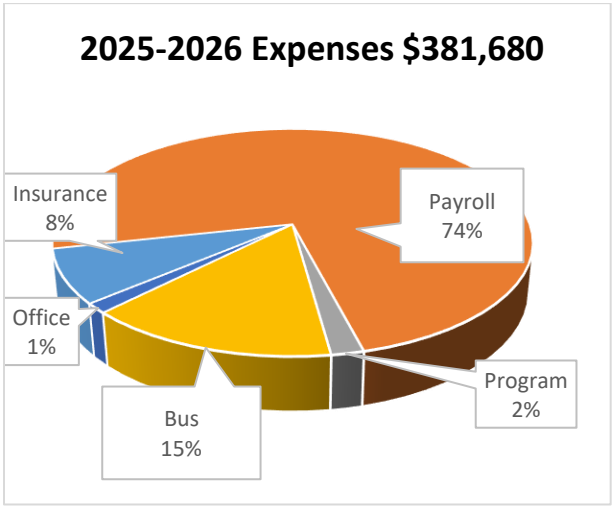
2025

Shelter and Meals

3250 nights for 55 individual women

8030 nights for 72 individual men





Interfaith Homeless Emergency Lodging Program

operated by Outreach Unlimited

I-HELP



P.O. Box 413
Monterey, CA 93942

ihelpmontereybay@gmail.com

831-251-8663 (General)

831-205-3496 Men's Program

831-393-5154 Women's Program

ihelpmontereybay.org

34 yrs serving homeless men

11 yrs serving homeless women

by providing a mobile shelter, meals, and bus transportation to and from the shelter.

Who Are We?

We are the Interfaith Homeless Emergency Lodging Program (I-HELP), operated by Outreach Unlimited, a nonprofit 501(c) (3). Tax ID #38-3934212.

I-HELP is run by a volunteer board of directors and a part-time staff, with the collaboration of over 70 Monterey-area congregations, faith communities, service organizations, and individuals that provide overnight accommodation, warm meals, and person-to-person support.

We collaborate with other agencies such as the Coalition of Homeless Services Providers, Salvation Army, Gathering for Women, Veterans Transition Center, Interim, Central Coast Center for Independent Living, and the One Starfish Program. In addition, local hospitals refer patients to I-HELP who have nowhere to go when they are released.

How We Do It

We accept applications from unhoused people. We expect the applicants to get along with others and follow directions. Our overnight monitors provide help in adjusting to group living and accessing resources. Many of our monitors have graduated from our program themselves.

Every effort is made to help each person be successful. We do this by helping each participant to set goals for health care, work or income/benefits, and housing.

Our bus drivers all hold commercial driver licenses enabling them to operate our coaches. Some of our staff graduated from our program to become bus drivers.

I-HELP
FIND YOUR WAY HOME

Success Stories

The case workers at the hospital directed him to I-HELP. He needed to get healthy enough to return to facility management at a church, school, or other facility. He trained and began a new job in facility management.

“I do not want I-HELP, but I need I-HELP!”

Hubert

Priscilla came to I-HELP as she applies for housing. She does have a limited SSI income, but finding a place is hard. Her dream is to go back to school to be able to work with children in a daycare or preschool.

“ Glad we have I-HELP as a resource. It keeps me from losing my motivation.”

Priscilla